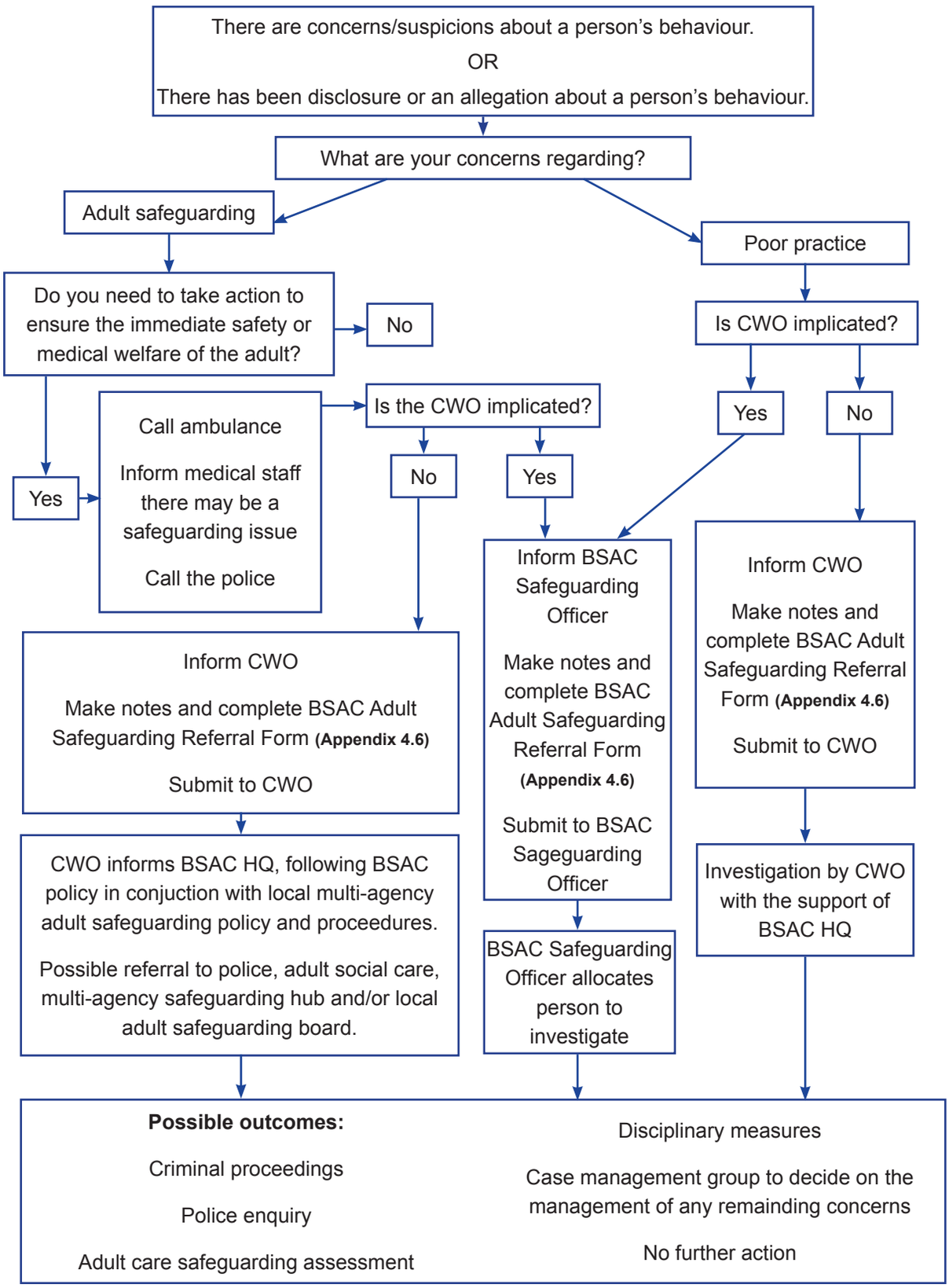Appendix 4.4 Adult safeguarding flowchart for use in clubs